



Release Date: Immediate

Contact: See below

-Start-

Timely support for weight lifting super mums

One thing that pre natal classes do not perhaps prepare the new mother for is Repetitive Strain Injury!

The average weight of a 3-year-old child is about 16 kilos. A loving mum is quite likely to pick up her youngster as many as 15 times a day. In the course of a single month, she will lift almost SEVEN METRIC TONNES.

Heaven help the mum with twins!

No wonder her back and wrists begin to complain. No wonder a new syndrome is being talked about –New Mum Syndrome.

But at a busy time in their lives, Mums find it hard to fit in a trip to the doctors. Instead, they put up with the pain, or rely on the use of painkillers.

Thermoskin wrist wraps and lumbar supports offer a natural and drug free alternative for mothers who want to look after both their children AND their health. Unlike any other support available, they combine the use of the body's own heat with firm support, and a unique lining material – Trioxon – to produce support that promotes pain relief, encourages healing, and remains comfortable, even after hours of wear.

Thermoskin UK Brand Manager, Brian Collier says: " At a time when mums need all the support they can get, Thermoskin heat retaining supports can provide a little extra help and much needed peace of mind."

Already popular in Australia, the US and Europe, the Thermoskin range comprises natural pain relief supports for nearly every body joint, and is available in a variety of sizes to ensure correct fitting. [Click here to see the full range.](#)

Did You Know?

- 500,000 RSI sufferers were identified in a survey conducted in 1995. On average, each one took 13 days off work that year alone. (Source: HSE booklet – 'Aching arms in small businesses')
- 30 people a week leave work for ever due to an RSI condition (Source: TUC)
- 11 million people in the UK (of whom 6.3 million were women) will have experienced back pain for at least a week in the last month. (Source: Tameside population survey/ Arthritis Research Campaign)
- 2.6 million people consulted their GP about back pain in the last year. (Source: RGGP 1991 statistics applied to 2000 population)

Relief. Support. Warmth. For Longer.

Lancaster Road, Hinckley, Leicestershire. LE10 0AW

Tel: 01455 639 750 **Fax:** 01455 639 751 **Email:** hq@sea-band.com **Website:** www.thermoskin.co.uk